

## Sense of Competence in Dementia Care Staff (SCIDS) scale

Working with people with dementia is complex. It takes a lot of skill and ability. Staff need to be well supported in their work. The questions below try to find out how you feel about the things you might do in your work and where you might need more support.

How well do you feel you can...	Not at all	A little bit	Quite a lot	Very much
1. Understand the feelings of a person with dementia?				
2. Understand the way a person with dementia interacts with the people and things around them?				
3. Engage a person with dementia in a conversation?				
4. Balance the needs of the person with dementia with their relative's wishes and the service's limitations?				
5. Use information about their past (such as what they used to do and their interests), when talking to a person with dementia?				
6. Change your work to match the changing needs of a person with dementia?				
7. Keep up a positive attitude towards the people you care for?				
8. Keep up a positive attitude towards the relatives of a person with dementia?				
9. Keep yourself motivated during a working day?				
10. Play an active role in your staff team?				
11. Protect the dignity of a person with dementia in your work?				
12. Deal with personal care, such as incontinence in a person with dementia?				
13. Deal with behavior that challenges in a person with dementia?				
14. Decide what to do about risk (such as harm to self or others) in a person with dementia?				
15. Offer stimulation (for the mind, the senses and the body) to a person with dementia in your daily work?				
16. Offer choice to a person with dementia in everyday care (such as what to wear, or what to do)?				
17. Engage a person with dementia in creative activities during your normal working day?				

## **Scoring**

All items are scored from 1 (Not at all) to 4 (Very much). Higher scores mean a higher level of sense of confidence.

Scores are added up for items from 1 to 17 for the overall SOCID-S score (ranging from 17 to 68) and for the subscales as follows:

Professionalism: 7, 8, 9, 10, 12 (scores ranging from 5 to 20); Building Relationships: 1, 2, 3, 4 (scores ranging from 4 to 12);

Care Challenges: 13, 14, 15, 17 (scores ranging from 4 to 12); and Sustaining Personhood: 5, 6, 11, 16 (scores ranging from 4 to 12)