

Project title (Grant number): San Diego County FIRST Project to Improve Dementia-Capability (90ALGG0005)

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Grantee agency/organization: Aging & Independence Services (AIS), County of San Diego Health and Human Services Agency

Partner organizations: Alzheimer’s San Diego; University of California San Francisco, Institute for Health and Aging

Project Summary: The proposed project will conduct activities within the following focus areas:

- **Persons Living Alone with Alzheimer’s Disease and Related Dementias (ADRD)**
 - Screening and referral protocols (also for people with moderate to severe dementia living with a caregiver)—AIS will select a brief, bilingual, nonclinical screening tool for County and community organization staff to use to identify people with possible ADRD and will develop a protocol to refer them for diagnosis. An AIS program will pilot the tool before using it with other AIS programs or HCBS providers.
- **Care and Advanced Planning for Persons with Dementia (PWD) with Moderate to Severe Symptoms**
 - Develop *Serve*—a dementia-specific case management program—*Serve* builds on AIS’s current person- and family-centered case management model used in other AIS programs (also for persons living alone with ADRD) and will include a detailed assessment, options counseling, care consultation, and advance planning.
 - Create respite voucher program—Caregivers in the *Serve* program will receive respite care through County contracted providers, and Alzheimer’s San Diego will develop a respite voucher program for day care, residential/overnight care, or other activities.
- **Behavioral Symptom Management Training & Consultation for Family Caregivers**
 - Train-the-trainer program—Alzheimer’s San Diego will develop and deliver a train-the-trainer program for AIS social workers to provide one-on-one behavior symptom management training and care consultation to ADRD caregivers in the home. The training will be expanded to other community providers.

Evidence-Based or Evidence-Informed Intervention: IDEA (evidence-informed) is a training program that helps family caregivers, including those with limited literacy, develop problem-solving skills for managing the behavioral symptoms of dementia.

Project title (Grant number): The Care Ecosystem: Person-Centered Care for People with Dementia and their Caregivers- California (90ALGG0006)

Project director(s) and contact information: Jennifer Merrilees, 415-476-8845,
Jennifer.Merrilees@ucsf.edu

Grantee agency/organization: University of California-San Francisco

Partner organizations: San Francisco Health Network-Curry Senior Center; Arc San Francisco; Alzheimer's Association, Northern California Chapter; Memory and Aging Center Family Advisory Council

Project Summary: The proposed project will conduct activities within the following focus areas:

- **Care and Advanced Planning for Persons with Dementia (PWD) with Moderate to Severe Symptoms and Behavioral Symptom Management Training & Consultation for Family Caregivers**
 - Care Ecosystem—The Care Ecosystem will address the two focus areas listed above. The Care Ecosystem serves people with dementia in all stages of the disease and their caregivers using training modules. Specific training modules, including modules on decision making and behavior management, are conducted based on the needs of each dyad enrolled in the program. A personalized care plan addressing medical, social, and environmental needs is prepared for each dyad prior to completing training. For behavior symptom management, a Care Team Navigator (CTN) working with the Care Ecosystem program will screen the caregiver to determine behavioral challenges. A nurse will receive the screening results and work with the CTN and the dyad to develop a personalized behavior management plan. The CTN will follow up with the dyad to determine effectiveness of the plan and will refer to the nurse as needed for further review and consultation.
- **People Aging with Intellectual and Developmental Disabilities (IDD) and Alzheimer's disease and Related Dementias (ARD)**
 - Physician Training—The focus of this activity is on training neurologists and neuropsychologists to provide appropriate care for people with IDD and dementia. Providers who have experience working with this population will mentor the neurologists and neuropsychologists. The grantee will provide education on dementia to The Arc's care providers. The Arc will provide a baseline assessment for dementia in clients with IDD.

Evidence-Based or Evidence-Informed Intervention: Care Ecosystem (evidence-informed) is currently being tested through a randomized controlled trial and eventually may reach evidence-based status.

Project title (Grant number): Jewish Family Service Alzheimer’s Disease Initiative-California (90ALGG0008)

Project director(s) and contact information: Meredith Morgenroth, (858) 637-7324, meredithm@jfssd.org

Grantee agency/organization: Jewish Family Service of San Diego

Partner organizations: Alzheimer’s San Diego

Project Summary: The proposed project will conduct activities within the following focus areas:

- **Persons Living Alone with Alzheimer’s Disease and Related Dementias (ADRD)**
 - Adult day services—Jewish Family Service (JFS) of San Diego will add a fourth day of services to its Balboa Avenue Older Adult Center, providing social and wellness programming to persons with dementia, including those living alone. Music therapy is a new service that will be added to this additional day of service. A dedicated geriatric care manager will be onsite to provide care management services. JFS will also provide in-home geriatric care management assessments.
- **Care and Advanced Planning for Persons with Dementia with Moderate to Severe Symptoms**
 - In-home care assessments and care consultations—JFS and Alzheimer’s San Diego will develop an enhanced system for making and tracking referrals to each other. JFS will provide in-home care assessments and Alzheimer’s San Diego will provide care consultations.
 - Excursions—JFS will offer social excursions for persons with dementia and caregivers with ADRD trained staff as chaperones. Persons in the mild stage of dementia, including those living alone, will also be able to attend.
- **Behavioral Symptom Management Training & Consultation for Family Caregivers**
 - Music & Memory—JFS geriatric care managers will be certified in Music & Memory and will provide the intervention in participants’ homes by training family caregivers and providing iPods loaded with music.
 - Telephone consultations—Alzheimer’s San Diego will provide telephone consultations for JFS staff as needed to address clients’ needs managing challenging ADRD issues.

Evidence-Based or Evidence-Informed Intervention: Music & Memory (evidence-informed) aims to have a calming effect and foster positive emotions by playing the person with dementia’s favorite music.

Project title (Grant number): San Francisco Alzheimer’s Disease Initiative—Specialized Supportive Services (90ALGG0010)

Project director/contact information: Carrie Wong; 415-355-6748; carrie.wong@sfgov.org

Grantee agency/organization: San Francisco Department of Aging and Adult Services (DAAS)

Partner organizations: Alzheimer’s Association, Northern California and Northern Nevada; The Arc San Francisco; University of California San Francisco, Institute for Health and Aging

Project Summary: The proposed project will conduct activities within the following focus areas:

- **Persons Living Alone with Alzheimer’s Disease and Related Dementias (ADRD)**
 - Identification of individuals with dementia living alone who are at risk—DAAS service coordinators will identify individuals with ADRD living alone in San Francisco Housing Authority public housing units funded under the Rental Assistance Demonstration program (RAD) and will coordinate person-centered services and support to help them remain independent at home.
 - Live alone care consultation training—The grantee will partner with the Alzheimer’s Association to develop and deliver an annual training for RAD service coordinators.
 - Person-centered services, care and support—The grantee will partner with the Alzheimer’s Association to enhance existing services within RAD housing using a two-pronged approach: Case management will be provided by a dementia care specialist that will include home visits, telephone support, referrals and care coordination, and other services. Outreach will be conducted by the dementia care specialist who will identify neighbors, family, and friends to join a care circle for the individual living alone with ADRD.
- **People Aging with Intellectual and Developmental Disabilities (IDD) and ADRD**
 - Education and training for professionals and family caregivers of people with IDD—The grantee will partner with The Arc of San Francisco and the Alzheimer’s Association to develop a support system for family caregivers, The Arc staff, Golden Gate Regional Center case managers, and other professionals who provide services for people with IDD and dementia. The grantee will use Alzheimer’s Association trainings and the Savvy Caregiver Program as part of the support system.
- **Behavioral Symptom Management Training & Consultation for Family Caregivers**
 - Training and education for Chinese community service providers and caregivers—The grantee will partner with the Alzheimer’s Association to deliver educational sessions to community service providers and caregivers in Cantonese or Mandarin focused on understanding behaviors of people with dementia and will provide Savvy Caregiver training. The program will also include an annual half-day education forum for caregivers.
 - Information and referral and care consultation services for Chinese community caregivers—The grantee will partner with the Alzheimer’s Association to provide supportive services in Cantonese or Mandarin through information and referral and care consultations to family caregivers needing support and resources.

Evidence-Based or Evidence Informed Intervention: Savvy Caregiver (evidence-based) is a psychoeducational intervention focused on training family caregivers about the basic knowledge, skills, and attitudes needed to manage challenges of caring for a family member with Alzheimer’s disease and how to be an effective caregiver.

Project title (Grant number): Illinois Department on Aging ADI-SSS Project (90ALGG0007)

Project director(s) and contact information: Betsy Creamer, betsy.creamer@illinois.gov; 217-524-7944

Grantee agency/organization: Illinois Department on Aging

Partner organizations: Illinois Department of Human Services, Illinois Area Agencies on Aging, Center for Alzheimer’s Disease and Related Disorders of Southern Illinois University School of Medicine, Alzheimer’s Association–Northern Illinois and Central Illinois Chapters, Coalition for Limited English Speaking Elderly, Illinois Cognitive Resources Network, Certain Illinois State Agencies, and family caregiver support service providers

Project Summary: The proposed project will conduct activities within the following focus areas:

- **Persons Living Alone with Alzheimer’s disease and Related Dementias (ADRD)**
 - Training to identify people living alone with dementia—Training will be provided to staff and volunteers of Care Coordination Units, the Community Care Program, the Community Reinvestment Program, and Pre-Admission Screening (PAS)/Independent Service Coordination (ISC) agencies. The training focuses on identifying people living alone with dementia and referring them to appropriate resources.
- **Care and Advanced Planning for Persons with Dementia (PWD) with Moderate to Severe Symptoms**
 - Care navigation—Care navigation services will assist people with moderate to severe dementia symptoms and people living alone with dementia in central and southern Illinois. A person-centered care plan will be developed for PWD. A master’s-level care navigator will help determine appropriate supportive services.
- **People Aging with Intellectual and Developmental Disabilities (IDD) and ADRD**
 - Training to identify dementia in people with IDD—Staff at PAS/ISC agencies, the Balancing Incentives Program Long Term Care Helpline, Care Coordination Units, and No Wrong Door Information and Assistance and Options Counselors will receive training to identify possible dementia in people with IDD, make appropriate referrals for services, and educate about person-centered and dementia-capable service delivery systems.
- **Behavioral Symptom Management Training & Consultation for Family Caregivers**
 - People with moderate to severe dementia and people living alone with dementia will be offered Music & Memory, Opening Minds through Arts, TimeSlips, and a Tai Chi program. Savvy Caregiver will be offered to family caregivers of people with moderate to severe dementia and people living alone with dementia in 90 Illinois counties. There will also be two Savvy Caregiver train-the-trainer courses.

Evidence-Based or Evidence-Informed Intervention: Savvy Caregiver (evidence-based) is a psychoeducational intervention focused on training family caregivers about the basic knowledge, skills, and attitudes needed to manage challenges of caring for a family member with Alzheimer’s disease and how to be an effective caregiver.

Project title (Grant number): Kansas City Collaborative to Enhance Access to Physical Activity and Behavioral Supports for Individuals with Alzheimer’s Disease and Related Dementias (90ALGG0009)

Project director(s) and contact information: Dr. Eric Vidoni, (913) 588-5312; EVidoni@kumc.edu

Grantee agency/organization: University of Kansas Medical Center Research Institute

Partner organizations: University of Missouri-Kansas City Institute for Human Development, Alzheimer’s Association Heart of America Chapter, Jewish Family Services of Kanas City, Shepherd’s Center of Kansas City Central, and Eitas Developmental Disability Services of Jackson County, Missouri

Project Summary: The proposed project will conduct activities within the following focus areas:

- **Care and Advanced Planning for Persons with Dementia with Moderate to Severe Symptoms, People Aging with Intellectual and Developmental Disabilities (IDD) and Alzheimer’s disease and Related Dementias (ARD), and Behavioral Symptom Management Training & Consultation for Family Caregivers**
 - Reducing Disability in Dementia Mobile version (mRDAD)—To address the three focus areas listed above, the grantee and partners will modify the RDAD intervention to deliver a mobile version, creating the mRDAD intervention. The grantee will deliver services to 240 dyads (persons with moderate to severe ARD and persons with IDD and ARD or at risk of developing ARD and their respective caregivers). Delivery of the intervention will be conducted through video conferencing software on a Wi-Fi enabled tablet computer along with home visits as necessary.

Evidence-Based or Evidence Informed Intervention: mRDAD (evidence-informed) combines established behavioral management techniques with structured exercise for both the person with dementia and the caregiver.

Project title (Grant number): Nevada’s Alzheimer’s Disease Initiative-Specialized Supportive Services Project (90ALGG0011)

Project director(s) and contact information: Jeff Doucet, 702-486-3367, jsdoucet@adsd.nv.gov

Grantee agency/organization: Nevada Aging and Disability Services Division

Partner organizations: Alzheimer’s Association Northern Nevada; Alzheimer’s Association Southern Nevada; University of Nevada Reno, Sanford Center on Aging; University of Nevada Reno, School of Community Health Science; Nevada Senior Services; Cleveland Clinic Lou Ruvo Center for Brain Health; and Dementia Friendly America

Project Summary: The proposed project will conduct activities within the following focus areas:

- **Persons Living Alone with Alzheimer’s Disease and Related Dementias (ADRD), Care and Advanced Planning for Persons with Dementia (PWD) with Moderate to Severe Symptoms, and Behavioral Symptom Management Training & Consultation for Family Caregivers**
 - Dementia Friendly America (DFA) community action groups—To address the three focus areas listed above, the Nevada grantee will foster the development of dementia-friendly community action groups in seven targeted areas throughout the state. Dementia-friendly groups will initiate community-driven improvements aimed at making each community dementia friendly. The communities will adopt, or expand, one or more evidence-based services from the Nevada Tool Box. Nevada partners will help communities in this effort and gauge progress and impact. The communities will be pilot sites with the goal of becoming community-driven, self-sustaining systems that continually examine community supports for people living with ADRD. Nevada will target rural and urban populations with dementia and their family care partners. To destigmatize dementia and engage people earlier in the disease progression, Nevada partners will target outreach to physicians’ offices and individuals who have not yet been diagnosed.

Evidence-Based or Evidence Informed Intervention:

- Benjamin Rose Institute on Aging (BRI) Care Consultation (evidence-based) links and coordinates health care, community, and family services for clients (both the person with dementia and the primary caregiver); organizes family and friends in assisting in care tasks; and provides emotional support.
- Early-stage Partners in Care (EPIC) (evidence-based) supports persons with early-stage dementia and their family care partners by providing education and training workshops aimed at reducing stress, enhancing well-being, and helping manage challenges.
- Care Partners Reaching Out (Care Pro) (evidence-based) is a series of skill-building workshops for persons caring for loved ones who are coping with ADRD.

Project title (Grant number): Specialized Supportive Services for ADRD Consumers and Their Caregivers in the Lehigh Valley Region of Pennsylvania (90ALGG0003)

Project director/contact information: Catherine Glew; 610-969-3390; Catherine.Glew@LVHN.org

Grantee agency/organization: Lehigh Valley Hospital, Inc. (LVH)—Fleming Memory Center

Partner organizations: Alzheimer’s Association- Delaware Valley; Lehigh County Area Agency on Aging and Adult Services, Lehigh County Office of Intellectual Disabilities (LCOID), The Arc of Lehigh and Northampton Counties (The Arc), Lehigh Valley Aging in Place; and Guardianship Education Consultants.

Project Summary: The proposed project will conduct activities within the following focus areas:

- **Persons Living Alone with Alzheimer’s Disease and Related Dementias (ADRD)**
 - Neighbor-to-Neighbor Social Support Networks—The grantee will use timebanking to link people with dementia (PWD) needing assistance to people offering help. Members earn timebanking credits when providing services and use credits when receiving services.
 - Online Interactive Support Network—MyLVHN personal health record will be used to allow caregivers proxy access to PWDs’ medical charts. The grantee will also develop an online caregiver support network and remote communication for out-of-town families.
- **People Aging with Intellectual and Developmental Disabilities (IDD) and ADRD**
 - Education and Training for Caregivers of People with IDD—The grantee, The Arc, and LCOID will train group home staff caring for people with IDD and offer trainings in partner organizations. They will also promote screening for cognitive impairment and train partners on the use of the National Task Group Early Detection Screen for Dementia tool.
- **Behavioral Symptom Management Training & Consultation for Family Caregivers**
 - Guardianship Training—The grantee will train LVH staff to deliver a program to family members and other court-appointed guardians outlining responsibilities of being a guardian.
 - Caregiver Academy—The grantee will offer a dementia-specific training program based on Savvy Caregiver to direct care staff working in home health agencies and personal care homes and county health program staff members and other agencies. A separate track will be offered to caregivers of individuals with IDD to cover specialized screening for dementia and targeted behavioral interventions.
 - Caregiver College—The grantee will educate caregivers, family, and the community through training sessions based on Savvy Caregiver.
- **All Focus Areas Listed Above and Care and Advanced Planning for Persons with Dementia PWD with Moderate to Severe Symptoms**
 - Provider Forums—The grantee will develop and present educational sessions to health care providers who are members of the LVH Provider Organization; primary care practices in Lehigh Valley Physician Group; and physicians and advanced practice clinicians who will staff a new Geriatric Emergency Department.

Evidence-Based or Evidence Informed Intervention: Savvy Caregiver (evidence-based) is a psychoeducational intervention focused on training family caregivers about the basic knowledge, skills, and attitudes needed to manage challenges of caring for a family member with Alzheimer’s disease and how to be an effective caregiver.

Project title (Grant number): Outreach Specialist Project- Wisconsin (90ALGG0001)

Project director/contact information: Paul Rusk (608) 232-3400; Paul.Rusk@alzwissc.org

Grantee agency/organization: Alzheimer's & Dementia Alliance of Wisconsin (ADAW)

Partner organizations: The Wisconsin Alzheimer's Institute–affiliated Memory Clinics: Moundview Hospital and Clinic Memory Assessment Clinic in Friendship (Adams County), Mile Bluff Medical Center Memory Assessment Clinic, Mauston (Juneau County), and Stateline Area Memory Clinic in Beloit (Rock County); Adams County Aging and Disability Resource Center (ADRC); ADRC Eagle Country Mauston Office; and the ADRC of Columbia County

Project Summary: The proposed project will address the following focus areas:

- **Persons Living Alone with Alzheimer's Disease and Related Dementias (ADRD), Care and Advanced Planning for Persons with Dementia (PWD) with Moderate to Severe Symptoms, People Aging with Intellectual and Developmental Disabilities (IDD) and ADRD, and Behavioral Symptom Management Training & Consultation for Family Caregivers**

To address the focus areas above, the grantee will conduct the following activities:

- Establish ADAW outreach offices—Three new outreach offices will be opened in underserved, high need areas (one African American and two rural communities) to improve connections for people with dementia between the medical community and social service providers. Outreach specialists will provide education and support programs through a helpline, care consultations, community and family focused education programs, and support group facilitation. The program will also offer early-stage programs (Memory Cafés and Crossing Bridges) and Powerful Tools for Caregiving.
- Conduct community needs assessments—ADAW outreach specialists will conduct a needs assessment to learn what outcomes are most important in each target community.
- Establish (or expand existing) dementia care networks—Dementia care networks are local dementia care collaborative partnerships that create an infrastructure to foster quality dementia care in targeted communities. These networks will facilitate cross-referrals for PWD and their caregivers between medical and social services and raise awareness of dementia among professionals and the general public.
- Replicate Prescription for Care referral program—*Prescription for Care* provides a proactive link between a medical provider and ADAW. A medical provider asks for written consent from a PWD or their caregivers to have contact information shared with ADAW. An ADAW outreach specialist then contacts the PWD or their caregiver to provide education and support and to connect with resources to help plan for the future.

Evidence-Based or Evidence Informed Intervention: Powerful Tools for Caregiving (evidence-based) is an education program for family caregivers to improve self-care behaviors, management of emotions, self-efficacy, and use of community resources.

Project title (Grant number): Dementia Capable Wisconsin: Creating New Partnerships in Dementia Care (90ALGG0004)

Project director/contact information: Jane Mahoney (608) 262-5077; jm2@medicine.wisc.edu

Grantee agency/organization: The Board of Regents of the University of Wisconsin System-Wisconsin Alzheimer's Institute (WAI)

Partner organizations: Bureau of Aging and Disability Resources in the Wisconsin Department of Health Services; Dane County Emergency Medical Services (EMS); Fitch-Rona EMS; University of Wisconsin Health Home Health Agency; Alzheimer's Association (Greater Wisconsin, Southcentral, and Southeastern Chapters); Alzheimer's and Dementia Alliance of Wisconsin; Wisconsin Board for People with Developmental Disabilities; WisconSibs; United Community Center; and Wisconsin Family Care Medicaid waiver program

Project Summary: The proposed project will conduct activities within the following focus areas:

- **Persons Living Alone with Alzheimer's Disease and Related Dementias (ADRD)**
 - Friendly EMS Visitor Program—WAI will create a new training and protocol for EMS providers to identify and support at-risk persons with dementia (PWD) living alone.
- **Care and Advanced Planning for PWD with Moderate to Severe Symptoms**
 - Dementia-capable home health agencies—WAI will create a new training and protocol for home health agencies to serve individuals with moderate to severe dementia and train caregivers to manage common medical concerns.
- **People Aging with Intellectual and Developmental Disabilities (IDD) and ADRD**
 - Aging, IDD and health care professionals training—WAI will create a new training for IDD case managers, dementia care specialists, and others in Wisconsin's aging units and managed care organizations and for health care professionals to identify and support persons with dementia and IDD. WAI will provide advanced training to community professionals on screening, diagnosis of dementia, common medical concerns, and behavioral symptoms.
 - Designated diagnostic clinics—WAI will designate clinics to specialize in dementia diagnosis and improve clinical capacity of professionals treating people with IDD.
- **Behavior Management Training & Consultation for Family Caregivers**
 - Describe, Investigate, Create and Evaluate (DICE) Protocol—DICE is a framework to reduce problematic behaviors, which may reduce caregiver burden. WAI will work with the original researcher to adapt the DICE protocol for implementation by dementia care specialists. WAI will provide DICE training to grant partner organizations and dementia care specialists.
 - Case consultation—The WAI project coordinator and resource RN will provide partner organizations and dementia care specialists case consultation on behavior management with additional consultation from a neuropsychologist and a geriatric psychiatrist. Caregivers may also use existing resources, Wisconsin's adaptation of the New York University Caregiver Intervention, Memory Care Connections, or Powerful Tools for Caregivers.

Evidence-Based or Evidence Informed Intervention: Powerful Tools for Caregiving (evidence-based) is an education program for family caregivers to improve self-care behaviors, to manage emotions, self-efficacy, and use of community resources. Memory Care Connections (evidence-informed) is a dementia-specific caregiver support intervention that aims to reduce burden and distress in dementia caregivers and to improve quality of care for care recipients.

Project title (Grant number): Expansion and strengthening of supportive services for people living with dementia and their caregivers in Sheridan County, Wyoming (90ALGG0002)

Project director(s) and contact information: Kay Wallick, (307) 674-1607, kwallick.cw@gmail.com

Grantee agency/organization: Sheridan Senior Center (SSC)

Partner organizations: Dementia Friendly America; Sheridan Memorial Hospital; Wyoming Department of Health, Aging Division; University of Wyoming Center on Aging; Wyoming AARP; Alzheimer’s Association, Wyoming Chapter; Rehabilitative Enterprises of North Eastern Wyoming (RENEW); Sheridan Public Health Department; and Easter Seals-Goodwill Northern Rocky Mountain

Project Summary: The proposed project will conduct activities within the following focus areas:

- **Persons Living Alone with Alzheimer’s Disease and Related Dementias (ADRD)**
 - Gatekeeper training—Fifty gatekeepers in the community such as postal workers, meter readers, and resident managers will participate in 30-minute training sessions to learn how to identify people who may be living alone with ADRD and refer them to local services.
- **Care and Advanced Planning for Persons with Dementia (PWD) with Moderate to Severe symptoms**
 - Needs assessments, referrals and support—SSC will develop a new options counseling support center that will use volunteers to help assess the needs of persons with ADRD and their caregivers and refer them to services. Other volunteers will provide one-on-one consultation and emotional support, assistance in accessing services, and counseling and training for behavioral symptom management. These programs are intended to reduce caregiver depression, stress, and isolation and increase effective self-management of the disease.
- **People Aging with Intellectual and Developmental Disabilities (IDD) and ADRD**
 - Assessment and diagnosis—SSC, working with IDD organizations, will select an ADRD assessment and diagnosis protocol for persons with IDD and will train physicians on this protocol.
- **Behavioral Symptom Management Training & Consultation for Family Caregivers**
 - Behavioral symptom management training—Training will be provided to 100 professional and family caregivers based on two programs: Teepa Snow’s Positive Approach to Brain Change™ and Naomi Feil’s validation method. Train-the-trainer will be used for sustainability.

Evidence-Based or Evidence Informed Intervention: Positive Approach to Brain Change™ (evidence-informed) teaches caregivers how to manage challenging behavioral symptoms of dementia through changing their own response, and how to make environmental modifications.